

MEMORANDUM

TO: All Regional Medical Laboratory Clients **FROM**: Caitlin Schein, MD, Chief of Chemistry

Ryan Hatley, MHA, C(ASCP)^{CM}, Manager of Chemistry

DATE: March 22, 2017

SUBJECT: Re-Standardized Insulin-Like Growth Factor-1 Assay

Regional Medical Laboratory (RML) has received notification from Siemens (our reagent supplier) that the current IGF-1 immunoassay is being replaced by an assay re-standardized to the WHO 1st International Standard 02/254. In our internal comparison study, the re-standardized assay exhibited a linear relationship with results on average 32.8% lower than the current assay. Effective April 10, 2017, we will begin using the re-standardized assay. Patient results will on average be lower, and the new reference ranges below reflect this change.

Current Reference Ranges for IGF-1:

| Age | Male | Female |
|------------|-----------|------------|
| 2mo - 6yr | 17 - 248 | 17 - 248 |
| 6 - 9 yr | 88 - 474 | 88 - 474 |
| 9 - 12 yr | 110 - 565 | 117 - 771 |
| 12 - 16 yr | 202 - 957 | 261 - 1096 |
| 16 - 25 yr | 182 - 780 | 182 - 780 |
| 25 - 40 yr | 114 - 492 | 114 - 492 |
| 40 - 55 yr | 90 - 360 | 90 - 360 |
| 55+ yr | 71 - 290 | 71 - 290 |

New Reference Ranges for Re-standardized IGF-1:

| Age | Male | Female |
|------------|-----------|-----------|
| 2mo - 6yr | 26 - 174 | 26 - 174 |
| 6 - 9 yr | 71 - 318 | 71 - 318 |
| 9 - 12 yr | 85 - 377 | 90 - 508 |
| 12 - 16 yr | 144 - 627 | 182 - 701 |
| 16 - 25 yr | 131 - 514 | 131 - 514 |
| 25 - 40 yr | 85 - 330 | 85 - 330 |
| 40 - 55 yr | 73 - 245 | 73 - 245 |
| 55+ yr | 60 - 201 | 60 - 201 |

Ordering information for IGF-1 will remain the same, TC# 2022625 and CPT 84305. Specimen requirements will also remain the same.

If you have questions or concerns, please feel free to contact either Dr. Caitlin Schein at 918-744-2553, caitlin.schein@sjmc.org, or Ryan Hatley at 918-744-2500, ext. 15788, ryan.hatley@sjmc.org.